

## Review from the ELTAF Summer 2013 Newsletter

### Spotlight on Learning Styles

#### Teacher strategies for learner success

By Marjorie Rosenberg

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<http://www.deltapublishing.co.uk/>

<http://www.deltapublishing.co.uk/titles/methodology/spotlight-on-learning-styles>

Reviewed by Julia Waldner

**Spotlight on Learning Styles** is the latest in the excellent DELTA Teacher Development Series and it focuses on how we learn as opposed to what we learn. The book is divided into three parts covering:

- A. Theory
- B. Practical activities for the classroom
- C. Development

#### A. Theory

The theoretical part looks in detail at three specific learning style models:

- The VAK model of multi-sensory instruction (visual, auditory and kinaesthetic – emotional and motoric)
- The Global-Analytic model of cognitive processing of information
- The Mind Organisation, showing how we perceive and process/organize information and defining four behavioural styles.

#### B. Practical activities for the classroom

This section forms the bulk of the book. Chapter one contains a series of questionnaires so that the reader can identify his/her own preferred strategy for learning/teaching. Chapters two to four then have a plethora of different activities to be used in class. I had the theme of holidays in my conversation class this week and so I chose an activity called “Our type of trip” which addresses mixed styles and it worked very well.

### C. Development

This part gives ideas on how the teacher can raise awareness for each of the styles covered in the book and also provides brief information about other learning styles/approaches not covered. It ends with a comprehensive list of books for further reading.

To sum up, this book is a wonderful mixture of theoretical information and practical activities and would be suitable both for those who know nothing about the subject as well as those who are already implementing the styles in their classrooms. The checklists are fun and quick to do and, as befits such a topic, the layout appeals to many different styles of reader. The book not only helps readers to discover their own preferred style but also offers methods for 'style stretching' so that once learners are comfortable using activities in their own styles, they can then feel more comfortable taking on strategies used by other learner types. .In a nutshell, there's something here for everyone.